



## Mountain Creek Middle School Prevention Plan 2022-23

**Our school's mission is to: Prepare students to succeed.**

### Prevention Plan Overview

As a part of our mission, our goal is to help students succeed not just academically, but socially and emotionally as well. A big part of that mission is creating a safe environment where students are encouraged to respect one another, develop interpersonal skills and learn to live with differences. We are also making every effort to minimize bullying. Our school prioritizes prevention by offering support and services to our students and their families. Some of our everyday efforts, the systems and strategies for supporting our students are listed below:

- Individual/Group Counseling (Groups; Diversity, LGBTQAI+, Choose Kind, Divorce Support, Stress Management, Quiet Leaders, Girls Self Esteem).
- After School Groups and Clubs (GSA, Dungeons and Dragons, Chess, Video Gaming, Anime/Manga, Creative Writing, Jazz Band, Intramural Athletics, etc.).
- Mental Health/SEL Lessons throughout the year.
- Partnership with district Diversity Specialists.
- Our school uses school-wide ID Team Meetings to identify students in need of additional support.
- Our school uses Students of Concern Meetings with administration and the school Mental Health team to identify students in need of additional support.
- Our school uses CTE Survey data management to identify students in need of additional support.
- Our school uses Panorama data management to identify students in need of additional support.
- Our school uses BRISC to help students create mental health goals and coping strategies.
- Our school provides access to District mental health and support resources through Student Services, which includes the Jordan Family Education Center and Mental Health Access Program.
- Faculty professional development on building relationships and special student population groups/diversity.
- Our school provides access to academic support with District departments to support the success of every student.
- Our school's mental health providers (school counselors, school psychologists, and clinical support) are trained and supported by District administration to follow current best practices in prevention and intervention efforts.
- Our school intervenes with early warning, content monitoring, and anonymous reporting tools with support from District specialists to identify and support students who may be at risk.
- Our school provides access to parent and family resources including a District partnership with the Cook Center for Human Connection, evening parent seminars, and classes through the Jordan Family Education Center.

## **Suicide Prevention Plan**

- Our school's mental health providers and administrators are trained on and review District suicide risk intervention guidelines annually with support from Jordan District's Student Services Team.
- Teachers, counselors, and administrators have received QPR suicide prevention training.
- Two of our counselors and our psychologist are trained and part of the District Adult Crisis Response Team and will assist in times of crisis on an as needed basis.
- Counselors and psychologist are trained on giving the following assessments to aid in suicide support and prevention: GAD-7, PHQ-9, Columbia Risk Assessment, and Safety Plan.
- SafeUT app and consultation with the mental health team.
- Individual and group counseling to support students.
- Weekly SEL TA lessons in the regular education classrooms.
- Crisis follow up care by counselors/psychologist/social worker.
- Biweekly Students of Concern meeting with the mental health team and administration.
- All of our school's licensed staff participate in suicide prevention training for their license renewal
- Students identified who may be at risk of suicide receive interventions and support appropriate to their individual needs which may include a screening interview (CSSR-S), parent/guardian contact, a safety plan, mental health recommendations/referrals (JFEC, MHAP, etc.), a re-entry meeting, and regular follow-up.
- Mental health breaks and learning coping strategies in the Student Services Center by way of chill pass break card.

## **Bullying, Harassment, and Discrimination Prevention Plan**

- Our school team proactively reviews relevant data on school climate, safety, and bullying by identifying vulnerable populations (e.g., racial and ethnic groups, LGBTQ youth, students with disabilities) and specific spaces where bullying may be likely to plan supports accordingly.
- Our school's staff is trained on school procedures for recognizing, reporting (SafeUT, content monitoring, etc.), and responding to bullying incidents.
- Administration and/or counselors respond to SafeUT and other tips (from students, teachers, or the district student safety specialist) as soon as possible. Tips come in at least weekly. Often there are multiple tips in a day.
- Our school staff documents incidents in Skyward according to State requirements.
  - Administration is aware of the requirements of what needs to be reported to the state and what does not and actively logs disciplinary actions taken with students.
- Students involved in incidents of bullying as targets, aggressors, or witnesses receive support for their individual needs which may include suicide risk assessments, counseling and mental health services (i.e. school mental health team, JFEC, MHAP), Functional Behavior Assessment (FBA), Behavior Intervention Plan (BIP), a student wellness plan and/or parent/guardian contact—recognizing that targets, aggressors, and witnesses of bullying are more susceptible to school problems.
- Additionally, the counseling team models and teaches SEL skills like respect, empathy, conflict resolution, kindness, assertiveness, building a sense of community, and resolving conflicts peacefully through:
  - Weekly SEL lessons: Various topics to help students cope with the challenges of being in middle school.
  - Choose Kind: a student group that focuses on being kind and inclusive to all students.

- Diversity Leadership Team: a student group that focuses on recognizing and celebrating diversity in the school.
- Ninth grade students have lessons taught by the district culture and diversity team. The lessons help students realize what culture they have and that they should respect other people's culture as well.
- Mediations: whenever students have a conflict they are encouraged to attend a mediation to resolve the issue.
- Student groups: the counselors, social worker, and psychologist run various groups to help students navigate through difficulties (emotional empowerment, girls group, introvert group, etc.)

## **Violence Prevention Plan**

- Our school's administrators are trained on the Comprehensive School Threat Assessment Guidelines (C-STAG), along with other members of our school's threat assessment team which includes:
  - School Resource Officer
  - Hall Monitors
  - Counselors
  - Psychologist
- Our school has a process for timely response to school threats using Comprehensive School Threat Assessment Guidelines (C-STAG) and its decision tree. This includes warning potential victims and their parents/guardians.
- Our school's staff and students are aware of school procedures for recognizing and reporting (SafeUT, content monitoring etc.) threats of violence. We have posters throughout the building with information about SafeUt, and receive frequent reports from them. Teachers are encouraged to report anything of concern regarding students as well. Additionally, the district's student safety specialist monitors digital traffic on school devices and drives, focusing on any threatening or harmful behaviors and comments. She reaches out to the school with any concerns.
- Students who are affected by or who make threats of violence receive interventions and support appropriate to their individual needs which may include problem solving, C-STAG interviews, suicide risk assessments, Functional Behavior Assessment (FBA), Restorative Conferencing, Mediation, a Behavior Intervention Plan (BIP), counseling and mental health services (i.e. school mental health team, JFEC, MHAP) a student wellness plan and/or parent contact.

This prevention plan has been created following Jordan District guidelines, which can be reviewed at [wellness.jordandistrict.org](http://wellness.jordandistrict.org).