## **Mountain Creek Middle School Prevention Plan**



Our school's mission is to: Prepare students to succeed.

#### **Prevention Plan Overview**

As a part of our mission, our goal is to help students succeed not just academically, but socially and emotionally as well. A big part of that mission is creating a safe environment where students are encouraged to respect one another, develop interpersonal skills and learn to live with differences. Our school prioritizes prevention by offering support and services to our students and their families. Some of our everyday efforts, the systems and strategies for supporting our students are listed below:

- Our school recognizes students for positive things they do in the classroom and in the community through:
  - Moose of the Day
  - o Moose of the Month
  - Moose of the Quarter
  - o End of year awards
  - Moose T.R.A.C.K.S (PBIS tokens)
- A school wide Belonging Assembly based on our school traits and safety.
- Individual counseling and crisis response.
- Small Group Counseling.
- After School Groups and Clubs.
- Mental Health lessons throughout the year.
- Partnership with district Language and Cultural Services.
- School-wide ID Team Meetings.
- Bi-weekly Students of Concern Meetings with Administration and the school Mental Health Team.
- CTE Surveys.
- Panorama data.
- BRISC (Brief Intervention for School Clinicians).
- Student and family resources such as Jordan Family Education Center (JFEC) and the Mental Health Access Program (MHAP), ParentGuidance.org, evening parent seminars, and more.
- Faculty professional development on belonging, building relationships and vulnerable population groups.
- Our school's mental health team (school counselors, school psychologist, and clinical support) are trained and supported by district administration to follow current best practices in prevention and intervention efforts.
- Early warning intervention, content monitoring, and anonymous reporting tools with support from district specialists to identify and support at risk students.

### **Suicide Prevention Plan**

- Mental health team and administrators are trained on and review district suicide risk intervention guidelines annually with support from Jordan District's Student Services Team.
- School Staff have received QPR suicide prevention training.
- Several team members trained in Adult Crisis Response.
- Mental Health Team trained in giving the following assessments: GAD-7, PHQ-9, Columbia Risk Assessment, and Safety Plan.
- SafeUT monitoring and intervention.
- Individual and group counseling to support students.
- Crisis follow-up care.
- Bi-weekly Students of Concern meeting with the mental health team and administration.
- Students identified who may be at risk of suicide receive interventions and support appropriate to their
  individual needs which may include a screening interview (CSSR-S), parent/guardian contact, a safety
  plan, mental health recommendations/referrals (JFEC, MHAP, etc.), a re-entry meeting, and regular
  follow-up.
- Wellness Room access for emotional regulation.

# **Bullying, Harassment, and Discrimination Prevention Plan**

- Our school team proactively reviews relevant data on school climate, safety, and bullying by identifying vulnerable populations (e.g., racial and ethnic groups, LGBTQ youth, students with disabilities) and specific spaces where bullying may be likely to plan supports accordingly.
- Our school's staff is trained on school procedures for recognizing, reporting (SafeUT, content monitoring, etc.), and responding to bullying incidents.
- Administration and Mental Health Team respond to SafeUT and other tips.
- Our faculty provide increased supervision during passing time, lunch, assemblies, and after school.
- Our school staff documents incidents in Skyward according to State requirements.
  - Administration is aware of the requirements of what needs to be reported to the state and what does not and actively logs disciplinary actions taken with students.
- Students involved in incidents of bullying as targets, aggressors, or witnesses receive support for their
  individual needs which may include suicide risk assessments, counseling and mental health services (i.e.
  school mental health team, JFEC, MHAP), Functional Behavior Assessment (FBA), Behavior
  Intervention Plan (BIP), a student wellness plan and/or parent/guardian contact—recognizing that
  targets, aggressors, and witnesses of bullying are more susceptible to school problems.
- Additionally, the counseling team models and teaches social emotional skills like respect, empathy, conflict resolution, kindness, assertiveness, building a sense of community, and resolving conflicts peacefully through.
  - o A Belonging Assembly at the beginning of the year to promote a positive school culture.
  - Choose Kind: a student ambassador group that focuses on being kind and promoting a positive school climate.
  - Say Something Squad: a student group designed to minimize social isolation and promote positive mental wellness.
  - Diversity Leadership Team: a student group that focuses on recognizing and celebrating diversity in the school.

- Ninth grade students have lessons taught by the district culture and diversity team. The lessons
  help students realize what culture they have and that they should respect other people's culture as
  well.
- Mediations: whenever students have a conflict they are encouraged to attend a mediation to resolve the issue.

### **Violence Prevention Plan**

- Our school's Administrators and Mental Health Team are trained on the Comprehensive School Threat Assessment Guidelines (C-STAG), along with other members of our school's threat assessment team which includes:
  - o Principals
  - o School Resource Officer
  - o Hall Monitors
  - Counselors
  - o Psychologist
  - o Therapist
- Our school has a process for timely response to school threats using Comprehensive School Threat Assessment Guidelines (C-STAG) and its decision tree. This includes warning potential victims and their parents/guardians.
- Our school's staff and students are aware of school procedures for recognizing and reporting (SafeUT, 988, content monitoring etc.) threats of violence.
- School faculty are mandated reporters in accordance with state law.
- Students who are affected by or who make threats of violence receive interventions and support appropriate to their individual needs.

This prevention plan has been created following Jordan District guidelines, which can be reviewed at wellness.jordandistrict.org.